

Comfort Diary for Dogs: A way to record your dog's attitude and response to medications to help you and your veterinarian make decisions about changes in dose and timing.

This week begins on what date? _____		Mon	Tues	Weds	Thurs	Fri	Sat	Sun
How did your dog move today?	Stiff or motionless							
	Tough getting up, able to get around with major effort							
	Able to get around fairly well but some effort and panting occurs							
	Moving very well, not seeming too bothered by moving							
	Has energy, ease, does stretches and "full body shake"							

How was your dog's attitude today?	Uninterested, depressed for the most part, "inward look"							
	Greeted family or other pet but not very engaged, sleeping a lot							
	Gladly aware of family/pets much of the time, lies in one place							
	Happily greets others, seeking attention, may tire out							
	Meets and follows us with enthusiasm galore, begging for attention							

Appetite? (Good, Fair, Poor)								
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How many episodes of falling, crying, or other signs of pain or distress observed?								
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How your dog slept last night?	Mostly restless, panting, changes position /location / got me up often							
	Some panting or movement but generally slept well							
	Relaxed, deep breathing, occasional big sighs or "dreams"							

Medications you gave today?								

A space for comments, observations, things to ask	
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Overall, today's quality of life? scale of 0 – 10, 0 = extremely poor and 10 = excellent ?								
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